

ID	NAME	AGE	SEX	HT	WT	HAIR	EYES	ETHNICITY	RELIGION	EDUCATION	OCCUPATION	SMOKE	ALCOHOL	DIET	EXERCISE	STRESS	SLEEP	MEDICATION	ALLERGY	COMORBIDITIES	PHYSICAL_ACTIVITY	MENTAL_HEALTH	SOCIAL_SUPPORT	GENETICS	ENVIRONMENT	QUALITY_OF_LIFE
1	John Doe	45	M	180	75	Brown	Blue	Caucasian	Christian	High School	Teacher	Smoker	Occasional	High Protein	Regular	High	7-8 hours	None	None	Hypertension	Walking	Mild Anxiety	Family	Low	Urban	7/10
2	Jane Smith	38	F	165	60	Blonde	Brown	Caucasian	Catholic	Bachelor's	Nurse	Non-Smoker	Occasional	Low Fat	Regular	Low	8-9 hours	Aspirin	Peanut	Diabetes	Yoga	Stress	Friends	None	Suburban	8/10
3	Michael Johnson	55	M	175	80	Black	Green	African American	Muslim	College	Engineer	Former Smoker	Frequent	Vegetarian	Irregular	High	6-7 hours	Insulin	Lactose	Heart Disease	Swimming	Major Depression	Spouse	High	Urban	6/10
4	Emily White	28	F	170	65	Red	Grey	Caucasian	Protestant	Bachelor's	Writer	Non-Smoker	Occasional	High Fiber	Regular	Low	9-10 hours	None	None	Asthma	Dancing	Bipolar	Partner	Low	Suburban	9/10
5	David Lee	62	M	170	70	Grey	Blue	Caucasian	Christian	High School	Retired	Former Smoker	Frequent	High Protein	Irregular	High	6-7 hours	None	None	Arthritis	Golfing	None	Family	High	Urban	8/10